

## TOILET MANNERS

1. While attending to one's natural calls one should not keep with his person anything which is inscribed with the name of Allah, for instance, any Ayat of the Quran, or a saying of the Prophet (*sallAllahu 'alayhi wa sallam*) or any other sacred object, unless there is a risk that if left away it is likely to be lost.
2. If one has to attend to his call of nature in the open then he should move away from the sight of the people and should not use a place where it causes nuisance to the people.
3. While going to attend one's natural calls one should recite this prayer the Messenger of Allah (*sallAllahu 'alayhi wa sallam*) used to recite:

بسم الله ، اللهم إني أعوذ بك من الخبث والخبائث.

(Translation) ["In the name of Allah, O my God, I seek refuge in Thee from the male and female evil ones"] (Most of the narrators).

4. One should avoid conversation while attending to one's natural calls.
5. One should not face Ka'bah while sitting for toilet nor put his back to it. But no harm if one is in covered place like a home.
6. One should avoid a place where faeces or urine comes back to his way and likewise one should avoid using a hole or opening or a drawer for this purpose as it is likely that they may be the dwelling places of the Jinn. They may also be the dwellings of the reptiles.
7. One should avoid sitting on paths or shades which are used by the people which causes nuisance to the passers-by. The Messenger of Allah (*sallAllahu 'alayhi wa sallam*) said "Don't belong to the two categories of the damned". He was asked what they were. He replied that one is of those who urinate and defecate on the public pathways and the other is of those who do so in the shades used by the people (Muslim, Abu Dawood, Ahmad).
8. One should not urinate in still water and similarly in the public bathing places. The Messenger of Allah (*sallAllahu 'alayhi wa sallam*) said "No one of you should urinate in still water and then use the same for cleansing purpose" (Muslim).
9. One should urinate in a sitting position because it is better for keeping clean.

10. Cleansing should be done with the left hand. It is narrated through *Hadrat Hafsah (RadhiAllahu Anha)* that the Messenger of Allah (*sallAllahu 'alayhi wa sallam*) used his right hand for eating and drinking and for giving and taking and used his left hand for all other purposes (Abu Dawood, Ibn Majah, Ahmad).
11. When done the hands should be washed with soap and water.
12. While stepping out of the toilet exit with the right foot and recite “*Ghufranak*” [“Lord’s forgiveness”]. *Hadrat Ayesha (RadhiAllahu Anha)* narrates that when the Prophet (*sallAllahu 'alayhi wa sallam*) came out of the toilet he recited: “*Ghufranak*” (Most of the compilers).

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