

What to do after looking Bad Dream

1. Spit (symbolic spitting) three times at the left side. (Muslim)
2. Seek refuge in Allah from Satan and the evil of this dream three times. (Muslim)
3. Do not narrate that dream to anybody. (Muslim)
4. The side on which the person was laying should change. (Muslim).
5. If desires so, the person should offer salat. (Muslim).

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