

Dua Fear in Sleep

«أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ غَضَبِهِ وَعِقَابِهِ وَشَرِّ عِبَادِهِ، وَمِنْ هَمَزَاتِ الشَّيَاطِينِ وَأَنْ يَحْضُرُونِ» (ترمذي)

Aauzu bikalematillahi at-tammate min ghazabehi wa eqabehi wa sharri ebadehi, wa min hamazatish-shayateen wa an yahzoroon.

I seek refuge in the perfect words of Allah from His Anger and His punishment, from the evil of His slaves and from the taunts of devils and from their presence. (Thirmidhi)

NOTE: *If you have a bad dread or nightmare:*

- Spit to your left (three times) by turning over on your other side.*
- And recite أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ Aauzu billahe minash-shaitanirrajeem I seek refuge in Allah from the devil and from the evil of what you have seen (three times)*
- Do not speak it to any one.*

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